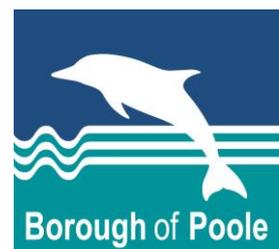




# Poole Children's Services Plan

The Strategic Plan of Poole Children's Trust  
2017-2020

**Children and young people are the heart of  
our town and of everything we do**



## 1. The Plan on a Page

| Vision            | <b>Children and young people are the heart of our town and of everything we do</b><br><b>All our children will be;</b> |  |  |   |  |  |
|-------------------|--|--|--|---|--|--|
|                   | Safe   | Resilient  | Resilient  | Resilient   | Achieving  | Achieving  |
| <b>Priorities</b> | 1.Improve educational outcomes and pathways for progression into sustainable employment                                | 2. Keep Children Safe  | 3. Improve outcomes for children in care   | 4. Provide Effective Early Help offer and building resilience   | 5.Improve outcomes for children with SEN and disabilities  | 6.Improve emotional well being and mental health of children, young people and parents |
|                   | Improve outcomes for vulnerable learners   | Introduce one model of managing risk<br>Create safe places for young people to meet            | Improve effectiveness of person centred planning for adulthood for care leavers                        | Introduce an Early Help Advice Point so families get the right support at the right time                    | Prepare children for adulthood from the earliest years   | Review specialist CAMHS services   |
|                   | Improve outcomes at all Key Stages   | Improve response of out of hours services<br>Further develop the Multi Agency Safeguarding Hub | Ensure placement sufficiency , including high quality local family placements and emergency placements | Ensure use of information to understand and redesign service response in Neighbourhoods with greatest needs | Ensure families are better informed and have a stronger voice  | Ensure children and young people receive effective support at all levels of need       |
|                   | Sustain performance for 16-19 year olds in engagement with employment and learning                                     | Ensure missing children and those at risk of child sexual exploitation are safe                | Improve health and emotional well being for children in care and care leavers.                         | Fully integrate health visiting and Children Centres  | Introduce personalised, Appropriate, Effective, Timely Identification and Assessment of need         | Deliver an improved digital offer to young people                                      |
|                   | Ensure all children attend a GOOD or OUTSTANDING school  | Further develop service response to domestic abuse, sexual violence and sexual abuse           | Improve educational outcomes for children in care  | Prevent child hood health needs developing through the 'Starting Well' programme                            | Improve joint working to commission services and better outcomes (Health, Social Care and Education) | Improve access to support for parents with MH issues.                                  |
|                   |  | Improve service response to neglect.   | Ensure adoption and permanency plans are successful, timely and tracked                                | Improve service offer to vulnerable young people  |  | Improve service offer for children in care   |
|                   | <b>Enablers:</b> Develop our work force, Whole family working, Using data and information well                         |  |  |   |  |  |

## 2. Foreword

We want all our children and young people to be safe, resilient and to achieve their full potential and indeed many of our children and young people have a great childhood and are well prepared for a positive adult life. However some groups of children in Poole do not do as well and we must continue our focus on improving outcomes for our vulnerable children. The council has played its part by continuing to invest in children and young people services. This Plan of the Poole Children's Trust is the strategic partnership plan which sets our joint priorities and what we are trying to achieve across agencies. In producing the Plan the views of young people have been strong in saying what is important for them and I particularly want to thank our UK young people's parliament representatives who have been passionate in championing the emotional well being and mental health of young people as a priority in Poole.



**Councillor Mike White**  
**Chair of Poole Children's Trust and Lead Member**

Children and young people are at the heart of everything we do in Poole. We cannot keep children safe, for example from sexual exploitation, without involving every agency and every part of our community. While many children and young people do achieve to their full potential, educational progress for some is not yet good enough. We all have responsibilities to children who are in our care and ensuring they have the best possible outcomes is a key priority.

Children with special educational needs and disabilities require the right help and support through childhood so that they are prepared for adulthood and can live as independently as possible. We need to develop a more co-ordinated multi-agency delivery in order to achieve this.

Positive mental health is vital for young people to be resilient and to achieve good outcomes, we will be focusing on whole system change in the way we address emotional well being and mental health for children and young people.

For families in Poole ensuring issues are identified early and preventative action put in place is essential to stop issues getting more complex and requiring input from specialist services. We refer to this as 'effective early help' and the Children's Trust will focus on improving our early help arrangements, as well as preventative measures to build families' resilience to resolve their own issues.



Jan Thurgood Strategic Director People Theme

## Bournemouth and Poole Health and Well Being Strategy 2016-2019 Priorities

| Priority  | What are we doing?   | High Level Outcome  |
|---|--|---|
| Tackle inequalities in health   | <p><b>Starting Well-Give every child the best start in life:</b><br/>Developing integrated working between health visitors and Children's Centres. Identify important gaps and variations in health and wellbeing, and take action to remedy them</p>  | <p>Earlier identification of children with additional needs and ensuring support to achieve a good level of development for all<br/>Improved attainment, breastfeeding rates and outcomes for 2 year olds, Fewer obese children, reduced A &amp;E attendance and better outcomes for Children in care</p>   |
|   | <p><b>Create and develop healthy and sustainable places and communities:</b><br/>Communities in disadvantaged areas of Bournemouth and Poole have more opportunities and improved health and wellbeing</p>   | <p>Fewer people affected by crime, development of better housing regeneration of physical environment, increased opportunities for employment and enterprise, specifically targeting vulnerable groups</p>  |
|   | <p><b>Enable all children, young people and adults to maximise their capabilities and have control over their lives:</b><br/>Implement the emotional health and wellbeing strategy across Bournemouth and Poole and support schools with necessary training and development</p>  | <p>More children and young people will grow up to be confident and resilient, enjoying good physical and mental health<br/>Children and young people with emotional health and wellbeing needs should be identified and supported at an earlier stage</p>   |
| Promote health and wellbeing, including healthy lifestyles and prevention of ill-health                           | <p><b>Strengthen the role and impact of ill-health prevention:</b><br/>Continue to develop the integrated healthy lifestyles service, LiveWell Dorset,.</p>  | <p>More people supported to lead healthier lifestyles, including measurement of service use in most deprived areas</p>  |
|   | <p><b>Improve the ability of all public sector organisations to identify and support people to improve their health and wellbeing</b><br/>Train public sector workers to identify and support people to improve their health and wellbeing<br/><br/>Develop a clear workplace health and wellbeing approach for the public sector in Dorset.</p>                                     | <p>Evidence that more people are being identified who might benefit from health improvement support in a range of different settings<br/><br/>Skilled and motivated workforce able to use health behaviour change skills at appropriate times</p>   |
|   | <p><b>Take a place-based approach to promoting health and wellbeing</b><br/>Working on a common Health and Wellbeing Framework.</p>  | <p>This will ensure that wherever possible, the impact of the wider determinants of health and wellbeing are considered as part of attempts to improve and regenerate places and communities</p>  |
| Working better together to deliver prevention and early intervention at scale, high quality care and better value | <p>Deliver the plans for prevention at scale within the Sustainability and Transformation Plan, Ensure the development of sustainable, high quality integrated community health and care<br/>Oversee the continued development of Joint Strategic Needs Assessment<br/><br/>Support the continued work on ensuring parity of esteem between mental and physical health services.</p> | <p>Ensure a life course approach to preventing and reducing the impact of cardiovascular disease in Dorset, Tackle the impact of alcohol misuse and reduce the burden of ill-health from musculo-skeletal disease and mental health conditions.<br/>Sustainable health and care services working in a person and community centred way,<br/>Consistent, high quality information and intelligence used to inform commissioning plans and strategies.<br/>Better recognition of importance of links between physical and mental health</p> |

# Bournemouth & Poole Local Safeguarding Children Board

## Business & Delivery Plan 2017 – 2018 Priorities

### Vision

*Everyone will work together to ensure that all children and young people in Bournemouth and Poole are safe and feel safe in their homes and communities.*

| Priority   | What are we doing?   | High Level Outcome  |
|--|--|---|
| <b>Prevent Early Child Neglect</b>   | Through Neglect Strategy ensure; quality of practice and of timeliness of action is good, families views are heard, agree set of indicators, ensure use of graded care profile, focus on early identification through maternity services, deliver training programme, additional focus on SEND.  | Children and families are accessing early help services that effectively address their needs in order that cases are not escalated to statutory intervention.<br>Reduction in children in care, CP plans and children in need with identified neglect as factor.<br>Staff have increased skill in working with neglect.<br>improved consistency of identification and response to neglect |
| <b>Identification of the scale of child sexual abuse locally and improvement of response to this area of abuse</b>                 | Triangulate multi-agency data on CSA referrals, reports and crimes to understand the scale of abuse and pathways used to report it.<br>Promote awareness of the signs of CSA, where to report and pathways to support Map and review capacity, scope and accessibility of support services.<br>Develop a multi-agency Training Strategy and Toolkit.   | Improved understanding of scale of CSA,<br>Evidence shows that pathways are being used effectively.<br>Services are available and are sufficient to meet needs.<br>Staff are trained and confident to respond to CSA  |
| <b>Further develop and embed multi agency responses to child sexual exploitation, (including missing &amp; trafficked children</b> | <b>PREPARE:</b> update the pan Dorset, multi- agency Strategy for CSE<br>analyse data related to CSE and Missing<br>Coordinated response to trafficking<br>Respond to CSE risks for UASC<br>analyse agencies' current prevention<br><b>PREVENT;</b> activity, promote national best practice, Understand the "lived experience" and perceptions of children who are victims of CSE.<br><b>PROTECT;</b> Review Risk Assessment Tool,analysis of timeliness, quality and impact of "Return Home Interviews, promote pathways for reporting<br><b>PURSUE;</b> local intelligence meetings are embedded as "business as usual."<br>processes are in place to share information and disrupt perpetrators. | Multi-agency Report Card developed and implemented<br>A rise in cases of known CSE disruptions and convictions<br>Reduction in the number of children going missing and numbers of repeat missing episodes  |



### 3. Introduction

This is the strategic plan of the Poole Children's Trust. It links to the Bournemouth and Poole Health and Well Being Strategy and the Bournemouth and Poole Local Safeguarding Children Board Business Plan.

This is a high level Plan which summarises the priorities and key actions we will undertake to improve outcomes for children, young people and their families in Poole. The detailed actions, timescales and targets against these priorities are held in other plans which sit below this Strategic Plan. These are laid out in Section 5. 'the Bookcase of Plans'

The Children's Trust Board tracks progress against its priorities through a performance score card of key performance indicators against each priority. An example from the score card is in section 6.

#### **Members of the Poole Children's Trust;**

Borough of Poole  
Dorset NHS Clinical Commissioning Group  
Dorset Police  
Dorset Police and Crime Commissioner  
Dorset Health Care Foundation NHS Trust  
Poole Hospital NHS Trust  
Poole Schools Association  
Voluntary Sector  
Department for Work and Pensions Job Centre Plus



## Priority 1

### Improve educational outcomes and pathways for progression into sustainable employment

#### Why this is a priority

We are committed to ensuring all children and young people have the chance to fulfil their full potential. We want to ensure that every child and young person attends an educational setting which is Good or Outstanding and every child has the opportunity to achieve in life. We also want to ensure that children and young people who are disadvantaged and children and young people who are vulnerable achieve the same educational standards as pupils achieve nationally. However we know that progress at some key stages for children and young people in Poole is not yet good enough and that Poole is behind other areas of the country on 'value added' measures at post 16 years.

We need to close the gap in outcomes for our disadvantaged pupils including those with SEND, who are children in care or are care leavers.

While many Poole young people do well in early adulthood in terms of training and employment, we need to prepare our young people for a challenging and changing jobs market.

#### Messages from children and young people

*Young people are concerned about being able to earn a 'living wage'*

*Young people want to be taught/encouraged to understand success is not just about monetary terms. (A curriculum to prepare us for life)*

*Young people want to be able to access services through schools*

*Young people want schools to address discrimination and prejudice*

#### We will:

- Focus on improving outcomes for our vulnerable children and young people, including those with SEND, who are disadvantaged, are looked after or are care leavers
- Work in partnership to have sufficient, suitable, good quality places in Poole settings and schools, and drive improved outcomes for children and young people
- Support the development of self improving school led system
- Have high quality post 16 provision to meet the needs to the local economy and all young people

- Ensure there is impartial advice and guidance and careers education so young people can make informed choices.

| What outcomes do we want ?   | How will we know we are doing well?   |
|--|---|
| Disadvantaged pupils, pupils with SEND, other vulnerable groups do well in relation to their peers | Evidence of closing the gap between disadvantaged pupils, pupils with SEND, other vulnerable groups and their peers         |
| All Poole children and young people do well at every key stage                                     | Pupil outcomes across all Key Stages continue to improve  |
|  | The schools and College in Poole have progress scores at or above the national, including progress 8 and value added at KS5 |
| All young people are engaged in education training or employment                                   | We sustain/continue to improve participation of young people in education, training or employment                           |
| All children and young people attend a GOOD or Outstanding educational setting                     | Settings and schools are rated GOOD or OUTSTANDING  |

## Priority 2

### Keep Children Safe

#### Why this is a Priority

Keeping children safe and promoting their welfare is at the heart of everything we do. The Bournemouth and Poole LSCB holds the Children's Trust Board partners to account for the effectiveness of our early help and safeguarding arrangements and the LSCB business plan drives key safeguarding priorities across Bournemouth and Poole. The current LSCB priorities are;

- Prevent Early Child Neglect
- Identification of the scale of child sexual abuse locally and improvement of response to this area of abuse
- Further develop and embed multi agency responses to child sexual exploitation, (including missing & trafficked children)

The constant auditing and monitoring of the effectiveness of our safeguarding processes and systems, learning from local and National serious case reviews and any changes to National policy drives our priorities in this area of the Plan.

An example of monitoring is that we know that in Poole more children come back onto child protection plans than in comparator authorities. We know that parental mental health, substance misuse and domestic abuse are significant causal factors in safeguarding risk for children and young people.

#### Message from young people

*Children want staff in schools and other settings to tackle bullying*

*Children and young people want safe places to play and do activities*

*Young people are concerned about self harm and how to respond*

#### We will;

Introduce one model of managing risk

Further develop the Multi Agency Safeguarding Hub

Further develop our service response to children who are missing or at risk of sexual exploitation

Further develop our service response to domestic abuse and sexual violence

Identify and effectively intervene where children are subject to Neglect

Improve service response to child sexual abuse

Work with young people to develop safe places for them to meet

Improve our service response out of hours.

| What outcomes do we want ?  | How will we know we are doing well?  |
|---|--|
| All staff are confident in assessing and managing risk with a family  | All staff are trained and confident in applying a consistent risk management approach with families  |
| All contacts to the MASH result in an appropriate and timely response                                       | Decision around level of risk is made within 24 hours.<br>We can track families 'journey' through services and monitor improved outcomes   |
| All children missing from home are promptly identified and receive a timely and effective intervention      | Children who have been missing from home are seen within 72 hours  |
| Children are not at risk of child sexual exploitation   | All children at risk of CSE are identified and multi agency plans are in place to safeguard those at highest risk, reduction in numbers of Children assessed as at Risk of Child Sexual Exploitation |
| Young people have safe places to meet   | Young people report they can meet and have fun with friends without feeling unsafe.  |
| Neglect is identified and families where neglect is present receive effective interventions                 | Re-referrals and repeat child protection plans for neglect will reduce   |
| Children at risk of /or experiencing sexual abuse are identified and receive an effective service response. | Audits show improved outcomes for children who have experienced child sexual abuse.  |
| Children have reduced risk from domestic abuse  | There are fewer domestic abuse incidents where children are present.   |
| Children and families receive high quality out of hours interventions                                       | Audits show improved outcomes for children requiring out of hours intervention   |

## Priority 3

### Improve outcomes for children in care and care leavers

#### Why this is a priority

We want our children and young people in care to have everything that good parents want for their children; to be happy, healthy, safe and protected and to do well at school and be prepared and supported for adulthood. Where possible we want all our children in care to be living with a local family, and to have permanent care arrangements.

We know that children in care and care leavers will have higher levels of need in areas such as mental health. Children in care do not always achieve in education as well as their peers. We also know that we sometimes have teenagers in care (15 years and over) in Poole who could be supported to live with their extended family with the right support.

We know that we have to work hard to maintain a sufficient supply of good quality local placements for our children in care, especially foster placements. Care leavers also need a range of supported living arrangements to make sure they have a safe and managed transition to independent living as adults. We also need to ensure we have sufficient emergency placements for teenagers.

We also have to ensure that we have a sufficiency of adoptive placements which match the needs of our children.

As a port Poole is an entry point for Unaccompanied Asylum Seeking Children to the UK. We have to ensure we have robust arrangements to support and care for these young people.

#### Message from young people

*We want more access to activities and hobbies, be able to have savings, and pocket money.*

*We want less changes of social worker*

*Get better at helping us keep in touch with our siblings.*

#### We will;

Make sure we have enough local and specialist family placements for children in care, including in an emergency.

Support children in care to live with their extended family whenever possible

Develop alternatives to care for older teenagers

Support children in care to reach their educational potential

Improve the health of children in care and care leavers, including their mental health.

Improve person centred planning for care leavers.

Maintain good adoption performance working with ASPIRE adoption agency

Ensure all permanency plans are tracked and are timely

| <b>What outcomes do we want ?</b>   | <b>How will we know we are doing well?</b>   |
|---|--|
| Children and young people are supported to live safely with their own family  | The number of teenagers supported to live with their families increases and the numbers of 15 and older young people in care decreases |
| Children in care are placed with local families                               | Increase the percentage of children in local fostering placements  |
| Teenagers requiring emergency placements can be placed appropriately          | Teenagers are never left in inappropriate overnight accommodation eg. Police custody   |
| Children in care do as well in education as their peers                       | The gap narrows between children in care attainment and that of their peers  |
| Children in care and care leavers are healthy with positive mental health     | Children in care receive high quality and prompt health assessments and treatment when needed, including for mental health issues.     |
| Care leavers have successful transition into adulthood and improved outcomes. | All care leavers are in appropriate accommodation and in employment, education or training.  |
| Children for adoption have timely and successful adoptions                    | The local adoption agency Aspire can match all children requiring adoption within agreed timescales.                                   |
| Children are offered timely permanency of care                                | Tracking of permanency plans to ensure there are no delays.  |

## Priority 4

### Provide an Effective Early Help Offer and build resilience

#### Why this is a priority

The principle of intervening early to prevent problems emerging or escalating has been a continuing priority of the Children's Trust. Nationally the evidence base has grown about the types of interventions and service delivery models which are effective in tackling problems early.

The Dorset NHS Clinical Commissioning Group working with all partner agencies has developed a Sustainability and Transformation Plan (STP) which has 'Prevention at Scale' as one of its three priorities. (driven through the Bournemouth and Poole Health and Well Being Board) The preventative work in children's services falls under this 'effective early help and building resilience' priority.

The programme to deliver this is called 'Starting Well' and is led by Dorset Public Health.

We know in Poole that we have relatively high demand for our specialist services such as social care and CAMHS and while we also have evidence of effective early help (through our Troubled Families programme) we recognise there is more to do in developing effective Early Help. We also know that in specific neighbourhoods of Poole we are not being sufficiently effective in improving outcomes for children. A new Early Help Strategy 2017-2020 was agreed by the Children's Trust and this will drive implementation of new service delivery models. The local authority has continued to invest in Early Help services but more work is needed across the whole children's services system to ensure all families get the 'right help at the right time'.

We have carried out a multi-agency evaluation of the effectiveness of early help arrangements and this has informed the planning for this priority.

#### Messages from young people

*Young people want better training to be more resilient in response to drug misuse and mental health.*

*Young people want advice on how to support their peers*

#### We will :

- Review the information we have about our most complex families in specific areas to ensure we are meeting their needs effectively
- Prevent childhood health needs developing through the 'Starting Well' programme.

- Develop and improve the Early Help Offer to families by integrating services and pathways to support across agencies, including a focus on our geographical areas of highest need
- Put in place an Early Help Advice Point
- Have a robust workforce development plan to deliver the changes
- Develop our multi-agency service offer to vulnerable young people, including young carers, young people at risk of offending, young people substance misusing and those on the edge of care.

| What outcomes do we want ?  | How will we know we are doing well?  |
|---|--|
| Families get the support they need at the right time, and achieve positive outcomes                     | <p>Monitoring of outcome indicators for families shows sustained positive outcomes.</p> <p>Increase numbers of Multi agency Early Help Assessments</p> <p>Low re-referral rates to social care</p>   |
| There are fewer families with needs requiring support at the highest level                              | Reduction in children in need rates  |
| Families in the most deprived areas are confident to engage with services and achieve positive outcomes | Specific monitoring indicates targeted approaches are improving outcomes.  |
| Families say they have greater confidence and capacity to meet their own needs                          | Service user feedback  |
| Vulnerable young people are engaged with a trusted adult and manage their risky behaviour               | <p>Monitoring of this cohort indicates reduced risk of child sexual exploitation, anti social behaviour, substance misuse, mental health issues and improved engagement in education, employment and training.</p> <p>There are fewer 1<sup>st</sup> time entrants to criminal justice system</p> <p>There are fewer hospital admissions related to substance misuse and self harm</p> |

|  |  |
|--|--|
|  |  |
| Families and professionals can easily get signposted to the right service and universal services are confident to manage low level issues. | The Early Help Advice Point is in place and working well for partners and families   |
| Families have a lead professional with an integrated plan of support   | All Level 3 cases will have an allocated lead professional and an Early Help Plan  |
| Staff feel confident and well equipped to support families with a range of needs   | Through our work force development programmes training is rolled out and delivery monitored  |
| Children and young people are healthy and ready to learn and participate in positive activities  | <p>Rates of breast feeding, immunisations are high and levels of obesity are low.</p> <p>Fewer women drink and smoke in pregnancy</p> <p>There are high levels of engagement with families most at risk of poor health outcomes.</p> |

## Priority 5

### Improve outcomes for children and young people with a special educational need or disability (SEND) and their families

#### Why this is a priority

Reforms within the 2014 Children and families act radically changed the way children and young people with SEND are supported. These changes are still being embedded. Children and young people with SEND, and their families, tell us that despite some pockets of excellence, support and services need to improve. We know that Poole has a higher proportion than the England average of children and young people identified with SEND.

There is a correlation between areas of deprivation and children and young people with SEND in Poole. Nationally there is evidence that having Special Educational Needs (SEN) is a strong predictor of poorer outcomes, in particular education, employment, mental health and social issues

#### Messages from young people and families

*I would like to do more work experience, so I am not so nervous*

*We could have more of a say as to what happens ie, in education, leisure, and understanding processes.*

*We like youth clubs and activities, but want more choices in these areas.*

*Different health departments to talk to each other for a more joined up approach  
Process for moving from children services to adult services is not well known and understood – daunting*

#### We will:

- Work to improve educational and lifelong outcomes for children and young people with SEND
- Prepare children and young people for adulthood from the earliest years
- Support families to be better informed and have a stronger voice influencing services
- Have personalised, appropriate, effective and timely identification and assessment of need
- Work together across education, health and social care to jointly commission outcomes for children and young people
- Jointly train and develop the workforce to deliver these changes

| <b>What outcomes do we want ?</b>  | <b>How will we know we are doing well?</b>  |
|--|---|
| Poole pupils with SEND achieve better than or at least as well as other pupils nationally with SEND  | Monitoring of attainment and progress will show improved achievement for pupils with SEND<br><br>(including children in care with SEND)   |
| Children and young people's individual health needs are met including their wellbeing.   | Monitoring of access to health services by children and young people with SEND (eg in CAMHS)  |
| Children and young people feel part of their local community and feel valued and they feel safe and are kept safe                                | Children and young people report less incidences of discrimination and bullying.<br><br>Children and young people report they feel safe in accessing different parts of the town  |
| Children and young people are prepared for adulthood   | Carers and young people report they have the information to make choices about adulthood.<br><br>Education, Employment and Training engagement for young people with SEND is high   |
| Children young people and their families feel they have been listened to, are informed and have been part of the decision-making process         | Feedback from children, young people and their families<br><br>Use and feedback on the Local Offer<br><br>Monitoring and learning from ECHP processes, SENDISS and consultation   |
| Seamless multi-agency collaboration in supporting children and families through integrated service delivery and joint planning and commissioning | Agreed protocols, processes and joint arrangements are in place across education, health and social care agencies and are monitored which can deliver timely, coordinated and transparent service delivery and planning to children, young people and families, especially at transitions into adulthood. |

## Priority 6

### Improve the emotional well being and mental health of children, young people and parents.

#### Why this is a priority

The need to improve the emotional well being and mental health of children and young people has been recognised Nationally through 'Future in Mind' and locally through the Dorset Emotional health and Well being Strategy and the Local CAMHS Transformation Plan.

Children and young people has consistently told us that emotional well being and mental health should be a priority and we know that a high number of children and young people (about 1,000) are referred to specialist CAMHS services each year. We also know that young people have to wait too long for treatment when they are referred to specialist services.

For children and young people to 'thrive' in terms of their mental health there has to be a whole system response with all services, families, young people themselves and their communities able to respond appropriately to build resilience and get the right help when needed.

We also know parental mental health is a major contributor to poor outcomes for children including children developing mental health needs of their own. While services are in place to manage acute and chronic adulthood mental health problems there is a gap for those adults needing help whose mental health needs are below the threshold for community mental health services, but which still impact negatively on their children.

#### Messages from young people

*Emotional Literacy at school...*

*It helps me calm down*

*It helps me say how I am feeling*

*It helps me to make good choices*

*PSHE in school needs to have specific sessions on mental health / self harm*

*We need advice on how to support our friends and deal with self harm*

*16 weeks is too long to wait for help*

#### We will;

Work with schools and other universal services so they have training, advice and support to manage lower level child and parental mental health issues.

Promote positive mental health through schools PSHE offer

Deliver an improved digital offer to young people so they can access advice and support more easily.

Improve the group work offer for low level mental health conditions

Improve access to specialist CAMHS in line with National targets.

Strengthen links with adult mental health services and develop improved responses to parental mental health issues.

Improve our service offer to children in care and care leavers with Mental Health issues

| <b>What outcomes do we want ?</b>   | <b>How will we know we are doing well?</b>  |
|---|---|
| Confident universal services that can respond to appropriate low level MH needs   | More young people report their emotional and mental health needs were met through their school or other professionals they know.  |
| Children and young people understand emotional well being and how to maintain their positive mental health and those of their friends | All Poole schools offer a comprehensive PSHE programme which includes mental health and emotional well being.   |
| Young people requiring specialist CAMHS can receive effective treatment quickly   | National access targets are met   |
| Young people can access quick information, advice, guidance and support on mental health issues                                       | Young people have a range of options to get IAG and support including digital and group work. Monitoring shows they are using different options and they are effective. Young people report easy access to support. |
| Vulnerable young people (including children in care) have easy access to effective interventions and treatment                        | Monitoring of interventions with children in care, care leavers and children and YP with SEND shows timely and appropriate engagement and access to treatment   |
| Parental mental health issues that are impacting on their children are addressed.   | Staff in Early Help services are trained to deal with adult mental health issues and report easy access to support and advice from specialist mental health services  |

## 5. Bookcase of plans to implement our priorities

Detailed actions, milestones and targets for the 6 priorities are held within the plans described below

### Poole Children's Trust Board

| Improve educational outcomes and pathways for progression into sustainable employment | Keep Children Safe                 | Improve outcomes for children in care                                      | Provide an Effective Early Help Offer and build resilience   | Improve outcomes for children with SEN and disabilities and their families | Improve Emotional well being and Mental health of children, young people and parents |
|---|------------------------------------|--|--|--|--|
| Strategy for Supporting School Improvement  | LSCB Business Plan                 | Corporate parenting Annual report and Corporate parenting Improvement plan | Early Help Strategy and Implementation Plan  | SEND Strategy and Implementation Plan                                      | Dorset Emotional Wellbeing and Mental Health Strategy                                |
| 14-19 years Employment, Education and Training Plan                                   | Child Protection Improvement Plan  | Placement sufficiency plan   | Starting Well (part of Prevention at Scale theme of the Sustainability and Transformation Plan) Including Better Births, |  | Local Transformation Plan  |
|   | Dorset Domestic Abuse Strategy     |  | Childcare Sufficiency Review   |  |  |
|   | Child Sexual Exploitation Strategy |  | Children's Centres Development Plan  |  |  |
|   | Neglect Strategy                   |  | Youth Justice Plan   |  |  |
|   | Dorset Sexual Violence Strategy    |  | Commissioning Strategy for Families  |  |  |

## 6. Poole Children's Trust Board Score Card

The Poole Children's Trust Board uses a high level performance score card to track key indicators and progress against the six priorities identified in the Plan. As this plan is implemented key indicators and targets from the plans referred to in section 5. will be used to populate the scorecard. An example from the score card is below;

| Poole Children's Trust Score Card |  |         |                             |               |      |      |         |             |                  |                  |                  |                  |      |      |         |             |
|-----------------------------------|--|---------|-----------------------------|---------------|------|------|---------|-------------|------------------|------------------|------------------|------------------|------|------|---------|-------------|
| Priority 1 Learning and Skills    |  |         |                             |               |      |      |         |             |                  |                  |                  |                  |      |      |         |             |
| Ref.                              | Indicator  | Measure | Good Direction of travel is | Poole (15-16) | SN   | SW   | England | 2016 target | Poole (16-17 Q1) | Poole (16-17 Q2) | Poole (16-17 Q3) | Poole (16-17 Q4) | SN   | SW   | England | 2017 target |
| 1.14                              | Percentage of pupils in secondary schools judged to be good or outstanding | %       | Up -                        | 58.8          | 83.8 | 86.5 | 87.0    | 0.8         | 58.0             | 58.0             | 80.9             | 85.3             | 85.5 | 86.6 | 81.0    | 88%         |

**Key;** SN Statistical Neighbours, SW South West, Q1 Quarter 1.